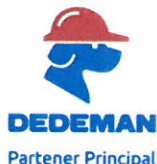




COMITETUL
OLIMPIC
SI SPORTIV
ROMÂN



DEDEMAN

Partener Principal



CABINET SECRETAR GENERAL

Teșire: Nr. 2266 Din 13.12.2017

Către,

**Federațiile Române de: Atletism, Badminton, Fotbal, Handbal, Judo,
Natație și Pentatlon Modern, Scrimă, Tenis de Masă, Volei**

Vă transmitem condițiile de participare la Cursurile pentru Antrenori organizate sub egida și cu sprijinul Solidarității Olimpice de către Universitatea de Educație Fizică din Budapesta (UEFB)

Menționăm faptul că acest program face parte din strategia COSR în domeniul îmbunătățirii calității resurselor umane în sportul de performanță.

În acest sens, atașăm Regulile Generale elaborate de Solidaritatea Olimpică și prezentarea cursului însoțită de condițiile punctuale/specifice cerute de UEFB.

Vă rugăm ca, în desemnarea candidaturilor, să țineți cont de următoarele cerințe:

1. Antrenorul candidat pentru o bursă olimpică trebuie:
 - Să dețină o calificare superioară de antrenor recunoscută de federație;
 - Să fie activ și capabil să arate dovada unei experiențe practice ca antrenor de nivel național/ olimpic, eventual să fi activat în sistemul CNO PJ / BOPJ /CNOPT /BOPT;
 - Să fie un bun comunicator în transmiterea cunoștințelor acumulate și altor persoane interesate, contribuind astfel la continuarea dezvoltării sportului lor în țară, ținând cont de nivelul lui de pregătire teoretică și practică;
 - Să se încadreze în vârsta recomandată – maxim 35 ani;
2. Propunerile federațiilor să consiste dintr-un număr egal de candidați femei și bărbați (dacă se propun mai mulți candidați)
3. Intenția declarată a federației de a fi, în perspectivă, o beneficiară a nivelului profesional al antrenorului la loturile reprezentative.
4. În afara prezentării în scris a CV-ului, candidatul trebuie să exprime ferm printr-o scrisoare de intenție, motivația și acordul de a se implica activ în realizarea obiectivelor federației, în comun acord cu aceasta, precum și de a fi la dispoziția COSR și a federației pentru transmiterea cunoștințelor acumulate în timpul cursului, în activitatea practică specifică sau prin participarea ca lector la diferite consfătuiri sau seminarii.
5. Deținerea unor cunoștințe avansate de comunicare în limba engleză (scris și vorbit), demonstrate practic, care să permită parcurgerea unui curs de nivel academic (certificarea acestor cunoștințe de către instituții de specialitate constituie un avantaj).



COMITETUL
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ROMÂN



Termene (până la):

- **28 decembrie 2017** : transmiterea către COSR a propunerilor federațiilor;
- **12 ianuarie 2018** : discutarea propunerilor în CTOSP și prioritizarea candidaturilor;
- **15-20 ianuarie**: susținerea unui interviu la COSR;
- **20 ianuarie 2018**: completarea formularelor de candidatură și transmiterea lor la Solidaritatea Olimpică

Dosarele de candidatură vor fi transmise la termenele stabilite, prin poșta electronică. Candidații admiși vor completa și formularele "pe hârtie".

Persoana de contact din partea Departamentului Sport este dl. Ioan Ilieș, expert (tel. 0742 144 026, e-mail ioan.ilies@cosr.ro)

Secretar General

George BOROI



INTERNATIONAL COACHING COURSE (ICC)
BUDAPEST, HUNGARY

2018 SPRING COURSE

19 MARCH – 8 JUNE, 2018

(Application deadline: 31 January, 2018)

Badminton, Fencing, Football, Handball, Judo,
Swimming, Table-Tennis, Track and Field,
Volleyball

Course fee: EUR 6.900

SPECIAL COURSE IN GENERAL CONDITIONING
International Coaching Course with specialisation
in general conditioning including theory,
methods, practice, training planning in the
application areas of conditioning.

Course fee: EUR 7.500



International Relations Center
1123 Budapest, Alkotás u. 44. - Hungary, Europe
Tel.: +36-1-487-9288
email: kiss.gergely@tf.hu

Application form
is available at english.tf.hu



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Rob Horvath
Heckmann
GBR

CABINET SECRETAR GENERAL
6413 24.11.2017



In cooperation with the
International Olympic Committee
Olympic Solidarity

PARTICIPATION FEE

EUR 6.900 and 7.500, depending on the nature of the course.

The participation fee includes the following services:

- instruction, examinations, accommodation, meals, the use of all facilities of the University
- monthly transportation pass for all forms of public transportation within Budapest
- all transportation included in the course programme
- transportation to and from the airport
- route a visa to the Hungarian Embassy/Consulate in applicant's country
- medical services for illnesses and injuries contracted in Hungary (emergency treatment only)
- admittance to competitions and matches, cultural and social programmes

All participants of the course receive the official course track suit. Sport equipment and Schengen visa are not included.

SOCIAL PROGRAMS

There will be social programs, trips organized to the countryside and visits to the nicest places of Budapest and Hungary. Please, do not forget to register for the announced trips. The meeting point is usually at the upper parking area.



CONTACT

University of Physical Education, International Relations Center
1123 Budapest, Alkotás u. 44., Hungary, Europe
Telephone: +36-1-4879288
Email: kiss.gergely@tf.hu | Web: <http://english.tf.hu/icc>



INTERNATIONAL COACHING COURSE (ICC) HUNGARY



University of Physical Education
Budapest, Hungary



HISTORY

The first International Coaching Course in Budapest was held in 1971. Since the establishment of the Course, over 2.000 participants from more than 90 countries and all continents of the world received their diploma at our University. As a result of the long time activity in the international coach education the Course management has developed cooperation with governmental and non-governmental institutions all over the world, which corresponded with the objectives of the course.

OBJECTIVES

The ICC is designed to train and educate coaches from around the world. The programme attempts to promote and develop excellence in coaching. The Course provides coaches with a systematic way to improve their knowledge and skills in the theoretical, technical and practical aspects of coaching.

ORGANISATION STRUCTURE

The ICC is initiated, organised and supervised by University of Physical Education, International Relations Center. It is an intensive, concentrated and intermediate level course organised in half-year intervals starting every March and September. Usually 7-10 sports are offered, depending on the demand and actual applications. The sports are carefully selected, based on traditions, long-term success of the Hungarian National Teams and the availability of our well-known lecturers and coaches. The duration of the course is three months.

COURSE CONTENT

Course content in detail has been carefully selected to meet the needs of coaches working with generally young, developing athletes as well as with advanced athletes of elite sport. To train a competent coach, completion of both theory and practical/technical components of the programme is essential. Progress in the training programme requires active coaching to implement the knowledge gained in the coaching course; therefore all participants are involved in practical coaching work in the leading Hungarian sport clubs. They are supervised by the senior lecturer and/or his/her assistants of the particular sport. The programme includes 120 theoretical and 180 practical teaching hours. In a chosen field of sports students receive intensive education in Anatomy, Physiology, Sport Psychology, Sport Pedagogy, Sport Sociology, Sport Management, Sport Administration, Sport and Research and Sport Practice. The Fall Course begins in mid-September, the Spring Course in mid-March.

LANGUAGE OF INSTRUCTION

The programme is taught exclusively through English. Participants are expected to speak English, not only during classes but also in their conversations with the teaching staff, the organisers and the other students.

EXAMINATIONS

The exams may consist of written, oral and/or practical requirements. Examinations in the student's respective sport consist of sports theory and sports practice. The examination is taken before an Examination Committee. Participants who completed their studies conclude the course with a final examination.

TEACHING STAFF

University professors, the best Hungarian specialists, qualified coaches, sports scientists, and experts from the Hungarian and international sport, are invited to give lectures. The organisers use every opportunity to invite well-known lecturers. International guest professors visiting the University are always invited to contribute to the ICC programme according to their area of expertise.

PRECONDITIONS FOR APPLICATION

- Working experience in the respective sport field
- Recommendation from the National Olympic Committee, Ministry of Sport or Sport Council and/or National Sport Federation
- Sufficient knowledge of English language
- Physical fitness (participation in practical classes)
- Good health
- Schengen visa (to be paid by the participant)
- Valid passport
- Valid return ticket





International Coaching Course (ICC) Budapest, Hungary

CALL FOR APPLICATION

19 MARCH – 8 JUNE, 2018

INTERNATIONAL COACHING COURSE IN
Badminton, Fencing, Football, Handball, Judo, Swimming,
Table-Tennis, Track and Field, Volleyball

Course fee: **EUR 6.900**

SPECIAL COURSE IN GENERAL CONDITIONING

International Coaching Course with specialisation in general conditioning including theory, methods, practice, training planning in the application areas of conditioning.

Course fee: **EUR 7.500**

Application deadline: 31 January, 2018

Application form is available at
<http://english.tf.hu/future-students/international-coaching-course/application-form>

University of Physical Education (TF)
International Relations Center
1123 Budapest, Alkotás u. 44. – Hungary, Europe
Tel.: +36.1.487-9288
e-mail: kiss.gergely@tf.hu

**International Coaching Course
Budapest, Hungary**

APPLICATION FORM

19 March – 8 June, 2018

1. Course applying for (sport): _____

2. Name (first and family names): _____

3. Date of birth: ____ / ____ /19____ 4. Place of birth: _____
(Day/Month/Year)

5. Gender: female male 6. Religion: _____

7. Tel.: + _____ 8. Mobile: + _____

9. E-mail address: _____

10. Address: _____

_____ 11. Passport number: _____

12. Citizenship: _____ 13. Passport date of expiry: _____

14. Sport activities (competitor, coach) until the present: _____

15. Highest education level: _____

16. Nomination and stamp of the sport organisation or sport association of the applicant's country:

17. My participation fee will be paid by: IOC Olympic Solidarity National Olympic Committee
Government Sport Club Sport Federation Private

*I hereby certify that all information provided by me in this application is accurate and complete.
I agree with each paragraph and statement of the information sheet.*

_____ Date

_____ Signature

Please send the duly (1) **completed application** form (filled in capital/block letters), a short (2) **curriculum vitae**, a (3) **letter of recommendation**, (4) **medical certificate** and a (5) **copy of your passport** to the following e-mail address: kiss.gergely@tf.hu



OBJECTIVE

To allow coaches officially recognised by their National Federation (NF) and active in their country to benefit from continuous high-level training and acquire experience and know-how, which they will then be responsible for placing at the service of their national sports system.

BENEFICIARIES

Candidate profile

The candidate coach for an Olympic scholarship must:

- Belong to a federation whose sport is on the Olympic programme;
- Have an official coaching qualification recognised in their country of origin and/or by the International Federation (IF) concerned;
- Be active and be able to show proof of practical experience as a national, regional and/or international level coach; and
- Undertake to pass on their knowledge and continue to develop their sport in their country after the training.

Olympic Solidarity requests that the NOCs put forward – insofar as possible – an equal number of male and female candidates, and that at least one to two female candidatures be submitted during the quadrennial plan.

DESCRIPTION

Olympic Solidarity will, in principle, **grant one to two scholarships per year and per NOC**.

Additional candidatures may be taken into consideration depending on the total number of requests received and the budget available. The NOCs will therefore have to indicate an order of priority. Olympic Solidarity will first examine the priority candidature then, depending on availability and the IF's technical input, it will give consideration to the next candidature. In this case, priority will be given to female candidates.

TRAINING POSSIBILITIES

Three options are available:

1. Sports sciences training

Individual scholarships that allow people to acquire training in the field of sports sciences at a high-level sports centre or university and thus obtain recognition (diploma or certificate).

The content of the training, duration, evaluation method, etc. are determined by the centre or university, in agreement with Olympic Solidarity. The coaches will be exposed to certain topics of the Olympic Agenda 2020, such as the protection of clean athletes, the fight against sports betting and non-discrimination.

Olympic Solidarity 2017-2020 Plan Olympic Scholarships for Coaches Guidelines



2/6

The main centres with which Olympic Solidarity works are (in alphabetical order):

- CAR – Barcelona (ESP);
- ICECP – Delaware/USOC (USA);
- PAISAC – Montreal (CAN);
- Sports Academy Lausanne – Lausanne (SUI);
- University of Physical Education – Budapest (HUN).

For further details, please refer to the list of partner centres or contact the high-level centres network (ASPC) (<http://sportperformancecentres.org>).

The NOCs may propose training locations other than those indicated by Olympic Solidarity, if they offer content that is better adapted to the needs of their coaches.

2. Sport-specific training

This technical training allows coaches to update their knowledge and thus expand their practical experience in a specific sport.

Depending on the theoretical and practical experience and needs of the coach, several options are available to the NOCs:

	Training organised by the IFs	Training offered by the NOCs
Training programme (content, duration, cost and evaluation method and/or certification)	Determined by the IF concerned	Approved by OS and the IF concerned
Training location	International or continental centre (e.g. UCI, ITF, ISAF, WA)	High-level centre, sports club, etc.
Details	See list of centres	Information can be obtained from the high-level centres network (ASPC) (http://sportperformancecentres.org)

In some cases, an IF may propose a candidate to Olympic Solidarity for a specific training. If this is the case, Olympic Solidarity will contact the NOC concerned to ask it to confirm its position as to the training proposal. The final decision rests solely with the beneficiary NOC.

3. Distance training (e-learning)

A few distance trainings were proposed during the previous quadrennial plan (e.g. IJF Academy). Olympic Solidarity will continue its efforts to offer a wide range of distance trainings to the NOCs. The programmes and content will be managed by the respective high-level centres or universities in order to guarantee the quality of the teaching.

The NOCs may request financial support for one or more coaches to follow distance trainings. Approval of the project is given in close collaboration with the IF concerned if the training is linked to a sport.



FINANCIAL CONDITIONS

The budget allocated to this programme for the 2017-2020 quadrennial plan is USD 10,000,000.

Costs covered by Olympic Solidarity

- Transport costs – one plane ticket and/or train ticket in standard economy class, the most direct route possible;
- Training costs;
- Board and accommodation costs;
- Weekly indemnity of USD 100 (or depending on agreement with the centre);
- Health and accident insurance, if necessary.

Payment method

	Sports sciences training	Training (specific or distance) organised by the IF	Training (specific or distance) offered by the NOC
Costs related to the stay (training, board, weekly indemnities, health and accident insurance)	Managed in general by OS directly with the centre concerned		Managed directly by the NOC with the centre, depending on the budget approved by OS
Payment	At the centre upon presentation of an invoice		Advance of 75% to NOC and balance upon presentation of a financial report
International transport costs (standard economy class, direct route)	Reimbursed to the NOC upon presentation of a financial report		



CANDIDATURE

Two procedures must be followed in parallel by the NOC.

a) Contact between the NOC and the centre/university/IF

For the three training options, it is the responsibility of the NOC to contact the centre/university/IF to obtain all the information necessary to put together a full candidature file.

Approval of a candidature by the centre/university/IF is imperative and part of the procedure, but it does not represent in any way an automatic scholarship allocation by Olympic Solidarity.

b) Contact between the NOC and Olympic Solidarity

The scholarship request must be submitted to Olympic Solidarity **two months before the start of training at the latest**. Olympic Solidarity and/or the training centre reserves the right to refuse late requests.



Important: if the requested training is not organised at a centre or university that regularly works with Olympic Solidarity, the NOC must also submit a detailed training programme (content, programme, evaluation process, type of certification, etc.) and a budget including all of the costs of the stay, training and transport.

NOC	>	Sending of the complete candidature file in accordance with the guidelines of the chosen centre	>	centre/ university
NOC	>	Sending of scholarship request form Deadline: 2 months before the start of training	>	OS

ANALYSIS AND APPROVAL

Olympic Solidarity will consult the following partners when analysing the candidature file and proposed training project:

- The IF of the sport concerned;
- The training centre or university that will host the scholarship-holder;
- The local NOC, our contact body at the training site;
- The Continental Association concerned.

Based on these elements and several other criteria (budget available, number of scholarships already allocated to the NOC, etc.), Olympic Solidarity will decide whether to grant an Olympic scholarship. Should this be the case, a contract detailing the responsibilities of each party must be signed by the scholarship holder, his/her NOC, the centre, the university or the IF concerned and Olympic Solidarity.

Olympic Solidarity 2017-2020 Plan Olympic Scholarships for Coaches Guidelines



5/6

OS	>	Analysis of the NOC request Submitted to IF for technical input	>	IF
OS	>	If approved, sending of letter of approval and contract to be signed or notification of refusal.	>	NOC
NOC	>	Sending of contract signed by: • An official representative of the NOC; • The scholarship holder; and • A representative of the centre/university/IF.	>	OS

MONITORING AND CONTROL

During the training

The NOC is asked to maintain close contact with both the training partner and the scholarship holder. It must immediately inform Olympic Solidarity in writing of any potential problems.

After the training

Two months after the end of the training at the latest, the NOC must provide Olympic Solidarity with the following documents:

	Sports sciences training	Training (specific or distance) organised by the IF	Training (specific or distance) offered by the NOC
Financial report	Financial report for plane tickets provided by the NOC to OS + Invoice for training costs provided by the centre to OS	Financial report for plane tickets provided by the NOC to OS + Invoice for training costs provided by the IF to OS	Financial report for all of the training costs and plane tickets provided by the NOC to OS
Personal report by the scholarship holder on how the training went	Provided by the NOC to OS		
Final report (general evaluation of the scholarship holder, results obtained, comments, etc.)	Provided by the centre/university/IF directly to OS with a copy to the NOC		Provided by the NOC to OS

Olympic Solidarity 2017-2020 Plan Olympic Scholarships for Coaches Guidelines



6/6

Follow-up

Olympic Solidarity asks the NOCs to set up a detailed database of their coaches and more particularly of those who have benefited from a scholarship.

The NOCs are also requested to remain in contact with the scholarship holders and inform Olympic Solidarity of any special results obtained at national, regional and/or international competitions, any change of the coach's position in his/her federation and participation as a coach at the Olympic Games.